



**Renu Hope Foundation
Breakfast For (2-5 years old)
September 02-30, 2024**

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 2-5 years of age are served 1% milk or Nonfat (skim) Milk, Dairy
 Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non- Dairy and
 Plant Based Cheese
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to
 serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a Nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
HOLIDAY SCHOOL CLOSED	Yogurt W/Granola 4oz. Tropical fruit 4oz. 1% Milk 6oz.	English muffins ½ serving. Mandarin Orange 4oz. 1% Milk 6oz.	Waffles ½ Serving. Applesauce 4oz. 1% Milk 6oz.	Banana Bread ½ serving. Diced Pears 4oz. 1% Milk 6oz.
9	10	11	12	13
Corn Flakes Cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6oz	Mini bagels ½ Serving. Jelly .5oz Mandarin Orange 4oz. 1% Milk 6oz.	Cheerios Cereal ¾ C. Tropical fruit 4oz. 1% Milk 6oz.	French toast ½ Serving. Applesauce 4oz. 1% Milk 6oz.	Carrot Bread ½ Serving. Diced Peach 4oz. 1% Milk 6oz
16	17	18	19	20
Rice Krispies Cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6oz.	Yogurt W/Granola 4oz. Tropical fruit 4oz. 1% Milk 6oz.	Blueberry Muffins ½ Serving. Mandarin Orange 4oz. 1% Milk 6oz.	Pancakes ½ Serving. Applesauce 4oz. 1% Milk 6oz.	Raisins bread ½ Serving. Diced Pears 4oz. 1% Milk 6oz.
23	24	25	26	27
Rice Chex cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6oz.	Mini bagels ½ Serving. Cream cheese 1oz. Mandarin Orange 4oz. 1% Milk 6oz.	Corn Flakes Cereal ¾ C. Tropical fruit 4oz. 1% Milk 6oz.	English muffins ½ serving. Applesauce 4oz. 1% Milk 6oz	Zuchinni Bread ½ Serving. Diced Peach 4oz. 1% Milk 6oz
30				
Cheerios Cereal ¾ C. Fresh Bananas 4oz. 1% Milk 6oz.				



Renu Hope Foundation

Lunch For (2-5 years old)

September 02-30, 2024.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 HOLIDAY SCHOOL CLOSED	3 Taco Salad 1.5oz. Fiesta chips ½ Serving. Fresh Lettuce & tomato 2 oz. Apples slices 2 oz. 1% Milk 6 oz.	4 Cheese Ravioli 1.5 oz. Pasta Ravioli ¼ C. Steamed Capri-blend 2 oz. Fresh Mixed Berries 2 oz. 1% Milk 6 oz	5 Turkey-Cheese Wrap 1.5 oz. Spinach wrap ½ Serving. Cucumber-Tomato salad 2 oz. Fresh Cantaloupe 2 oz. 1% Milk 6oz.	6 Fish or Chicken Strips 1.5 oz. Breading ½ Serving. Cole slaw 2 oz. Fresh Pineapple 2 oz. 1% Milk 6oz.
9 B.B.Q Chicken 1.5 oz. Wheat Bread ½ Serving. Mashed Potato 2 oz. Watermelon 2 oz. 1% Milk 6 oz	10 Bean Burrito bowl 1C. Brown rice ¼ Cup. Pico de Gallo 2oz. Fresh Orange Slices 2 oz 1% Milk 6 oz.	11 Beef Lasaña 4oz. Lasaña Pasta ¼ c. Tosed Salad w/dressing 2oz. Mixed Berries 2 oz. 1% Milk 6 oz.	12 Greek Gyro Pita Pock 1.5 oz. Wgr. Pita Pocket ½ Serving. Fresh Mix Vegetables/D 2 oz. Fresh Honeydew 2 oz 1% Milk 6oz.	13 Chicken-enchilada casserole 1C. Corn tortilla ½ Serving. Fiesta Corn 2 oz. Pineapple tidbits 2 oz. 1% Milk 6 oz.
16 Terriyaki Chicken 1.5 oz. Steamed Bown Rice ¼ C. Asian blend Vegetables 2oz. Fresh Diced Mango 2 oz. 1% Milk 6oz.	17 Cheese Quesadillas 1.5 oz Flour tortilla ½ serving. Black beans 2 oz Fresh Apple slices 2 oz. 1% Milk 6oz.	18 Beef patties & Cheese 1.5 oz. Hamburger Bun ½ Serving. Sweet potato fries 2oz. Fresh Mix Berries 2 oz. 1% Milk 6 oz.	19 Turkey- Ch Subway 1.5oz. Wgr. Subway rolls ½Serving. Lettuce-Tomato 2 oz. Fresh Cantaloupe 2 oz. 1% Milk 6 oz	20 Chicken Alfredo 1C. Wgr. Fettuccine Pasta ¼ C. Steamed Cal-blend 2 oz. Fresh Pineapple 2 oz. 1% Milk 6oz.
23 Chicken Fajitas 1.5 oz. Flour Tortillas ½ serving. Refried Beans 2 oz. Watermelon 2 oz. 1% Milk 6 oz.	24 Beefy mac 1 C. Wheat Pasta ¼ C. Steamed Green Beans 2oz. Fresh orange slices 2 oz. 1% Milk 6 oz.	25 Chicken Pattie 1.5 oz. Hamburger Buns ½ Serving. Lettuce and Tomato 2oz. Mix Berries 2 oz. 1% Milk 6 oz.	26 Tuna or chicken pasta 1.5 oz. WGR. Pasta ½ serving. Steamed mix Vegetables2 oz. Fresh Honey Dew 2 oz. 1% Milk 6 oz.	27 Spaghetti & Meatball 1.5 oz. Wgr. Spaghetti pasta ¼ C. Fresh salad w/dressing 2oz. Pineapple Tidbits 2 oz. 1% Milk 6 oz.
30 Chicken Stir Fry 1.5 oz. Steamed Rice ¼ C. Stir fry vegetables 2 oz. Fresh diced Mango 2 oz. 1% Milk 6 oz.				



**Renu Hope Foundation
Snack For (2-5 years old)
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 HOLIDAY SCHOOL CLOSED	3 Babybel Semisoft Ch. ½ oz. Breadstick ½ oz. 100% Fruit Juice 4oz	4 Fresh Fruit 4oz. Soft Bread sticks ½ oz. Water.	5 Fresh Fruit Yogurt 2oz. Vanilla wafers ½ oz.	6 Fig Newtons Bar ½ oz. 1% Milk 4oz.
9 Cottage cheese 2oz. Diced peach 4oz. Water.	10 Soft spread cheese ½ oz. Naan Bread ½ oz. Tropical fruit 4oz.	11 Fresh Mix veggies 4oz Saltine Crackers ½ oz. Cottage Ranch dressing ½ oz. Water.	12 Fruit Yogurt 2oz. Animal Crackers ½ oz.	13 Apple Nutri Grain Bar ½ oz. 1% Milk 4oz.
16 Cheez it Crackers ½ oz. 100 % Fruit Juice 4oz.	17 String cheese ½ oz. Saltine Crackers ½ oz. 100% Fruit Juice 4oz.	18 Celery sticks 4oz Soy butter ½ oz. Water.	19 Fresh Fruit Yogurt 2oz. Graham Crackers ½ oz.	20 Fig Newtons Bar ½ oz. 1% Milk 4oz.
23 Cottage cheese 2oz. Diced peach 4oz. Water.	24 Babybel Semisoft Ch. ½ oz. Naan Bread ½ oz. Tropical fruit 4oz.	25 Fresh Fruit 4oz. Soft Bread sticks ½ oz. Water.	26 Fresh Fruit Yogurt 2oz. Vanilla wafers ½ oz.	27 Strawberry Nutri G ½ oz. 1% Milk 4oz.
30 Goldfish Crackers ½ oz. 100 % Fruit Juice 4oz.				

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1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

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