



Renu Hope Foundation
Breakfast For (1-2 years old)
September 02-30, 2024

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.
 Dairy: Children 1-2 years of age are served whole milk, Dairy Substitutions: Whole Lactaid free milk, Soy milk, soy yogurt and soy butter. Non- Dairy and Plant Based Cheese.
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to serve flavored beverages to children of any age.
 Water is available to children throughout the day. **We are a Nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 HOLIDAY SCHOOL CLOSED	3 Yogurt W/ Granola 4oz. Tropical fruit 2oz. Milk 4oz.	4 English Muffins ½ serving. Mandarin Orange 2oz. Milk 4oz.	5 Waffles ½ Serving. Applesauce 2oz. Milk 4oz.	6 Banana Bread ½ serving. Diced Pears 4oz. Milk 6oz.
9 Corn Flakes Cereal ¾ C. Fresh Bananas 2oz. Milk 4oz	10 Mini bagels ½ Serving. Jelly .5oz Mandarin Orange 2oz. Milk 4oz.	11 Cheerios Cereal ¾ C. Tropical fruit 2oz. Milk 4oz.	12 French toast ½ Serving. Applesauce 2oz. Milk 4oz.	13 Carrot Bread ½ Serving. Diced Peach 2oz. Milk 4oz
16 Rice Krispies Cereal ¾ C. Fresh Bananas 2oz. Milk 4oz.	17 Yogurt W/ Granola 4oz. Tropical fruit 2oz. Milk 4oz.	18 Blueberry Muffins ½ Serving. Mandarin Orange 2oz. Milk 4oz.	19 Pancakes ½ Serving. Applesauce 2oz. Milk 4oz.	20 Raisins bread ½ Serving. Diced Pears 2oz. Milk 4oz.
23 Rice Chex cereal ¾ C. Fresh Bananas 2oz. Milk 4oz.	24 Mini bagels ½ Serving. Cream cheese 1oz. Mandarin Oranges 2oz. Milk 4oz.	25 Corn flakes Cereal ¾ C. Tropical fruit 2oz. Milk 4oz.	26 English muffins ½ serving. Applesauce 2oz. Milk 4oz	27 Zuchinni Bread ½ Serving. Diced Peach 2oz. Milk 4oz
30 Cheerios Cereal ¾ C. Fresh Bananas 2oz. Milk 4oz.				



**Renu Hope Foundation
Lunch For (1-2 years old)
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Dairy: Children 1-2 years of age are served whole milk. Dairy Substitutions: Whole Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese, Meats...
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>HOLIDAY SCHOOL CLOSED</p>	<p>3</p> <p>Taco Salad 1oz. Fiesta chips ½ Serving. Fresh Lettuce & tomato 1 oz. Apples slices 1 oz. Milk 4 oz.</p>	<p>4</p> <p>Cheese Ravioli 1oz. Pasta Ravioli ¼ C. Steamed Capri-blend 1 oz. Fresh Mixed Berries 1 oz. Milk 4 oz</p>	<p>5</p> <p>Turkey-Cheese Wrap 1oz. Spinach wrap ½ Serving. Cucumber-Tomato salad 1 oz. Fresh Cantaloupe 1 oz. Milk 4oz.</p>	<p>6</p> <p>Fish or Chicken Strips 1oz. Breeding ½ Serving. Cole slaw 1 oz. Fresh Pineapple 1 oz. Milk 4oz.</p>
<p>9</p> <p>B.B. Q Chicken 1.oz. Wheat Bread ½ Serving. Mashed Potato 1 oz. Watermelon 1oz. Milk 4 oz</p>	<p>10</p> <p>Bean Burrito bowl ¾ C. Brown rice ¼ C. Pico de Gallo 1oz. Fresh Orange Slices 1oz Milk 4 oz.</p>	<p>11</p> <p>Beef Lasaña 3oz. Lasaña Pasta ¼ C. Tosed Salad w/dressing 1oz. Mixed Berries 1oz. Milk 4oz.</p>	<p>12</p> <p>Greek Gyro Pita Pock 1 oz. Wgr. Pita Pocket ½ Serving. Fresh Mix Vegetables/D1 oz. Fresh Honeydew 1 oz Milk 4oz.</p>	<p>13</p> <p>Chicken-enchilada casserole ¾ C. Corn tortilla ½ Serving. Fiesta Corn 1oz. Pineapple tidbits 1 oz. Milk 4 oz.</p>
<p>16</p> <p>Terriyaki Chicken 1oz. Steamed Bown Rice ¼ C. Asian blend Vegetables 1oz. Fresh Diced Mango 1oz. Milk 4oz.</p>	<p>17</p> <p>Cheese Quesadillas 1oa Flour tortillas ½ serving. Black Beans 1oz. Fresh Apple slices 1 oz. Milk 4oz.</p>	<p>18</p> <p>Beef patties & Cheese 1oz. Hamburger Bun ½ Serving. Sweet potato fries 1oz. Fresh Mix Berries 1 oz. Milk 4 oz.</p>	<p>19</p> <p>Turkey- Ch Subway 1oz. Wgr. Subway rolls ½Serving. Lettuce-Tomato 1oz. Fresh Cantaloupe 1 oz. Milk 4oz</p>	<p>20</p> <p>Chicken Alfredo ¾ C. Wgr. Fettuccine Pasta ¼ C. Steamed Cal-blend 1oz. Fresh Pineapple 1 oz. Milk 4oz.</p>
<p>23</p> <p>Chicken Fajitas 1oz. Flour Tortillas ½ serving. Refried Beans 1 oz. Watermelon 1 oz. Milk 4 oz.</p>	<p>24</p> <p>Beefy mac ¾ C. Wheat Pasta ¼ C. Steamed Green Beans 1oz. Fresh orange slices 1 oz. Milk 4oz.</p>	<p>25</p> <p>Chicken Pattie 1oz. Hamburger Buns ½ Serving. Lettuce and Tomato 1oz. Mix Berries 1 oz. Milk 4oz.</p>	<p>26</p> <p>Tuna or Chicken Pasta 1oz. WGR. Pasta ½ serving. Steamed mix Vegetables1 oz. Fresh Honey dew 1 oz. Milk 4oz.</p>	<p>27</p> <p>Spaghetti & Meatball 1oz. Wgr. Spaghetti pasta ¼ C. Fresh salad w/dressing 1oz. Pineapple Tidbits 1oz. Milk 4oz.</p>
<p>30</p> <p>Chicken Stir Fry 1oz. Steamed Rice ¼ C. Stir fry vegetables 1 oz. Fresh diced Mango 1 oz. Milk 4 oz.</p>				



**Renu Hope Foundation
Snack For (1-2 years old)
September 02-30, 2024.**

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 Dairy: Children 2-5 years of age are served 1% milk. Dairy Substitutions: Non-fat (skim) milk, Non-Fat Lactaid Free Milk, Soy milk, Soy yogurt and Soy butter. Non-Dairy and Plant based Cheese.
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 HOLIDAY SCHOOL CLOSED	3 Babybel Semisoft Ch. ½ oz. Breadstick ½ oz. 100% Fruit Juice 4oz	4 Fresh Fruit 4oz. Soft Bread sticks ½ oz. Water.	5 Fresh Fruit Yogurt 2oz. Vanilla wafers ½ oz.	6 Fig Newtons Bar ½ oz. Milk 4oz.
9 Cottage cheese 2oz. Diced peach 4oz. Water.	10 Soft spread cheese ½ oz. Naan Bread ½ oz. Tropical fruit 4oz.	11 Fresh Mix veggies 4oz Saltine Crackers ½ oz. Cottage Ranch dressing ½ oz. Water.	12 Fruit Yogurt 2oz. Animal Crackers ½ oz.	13 Apple Nutri Grain Bar ½ oz. Milk 4oz.
16 Cheez it Crackers ½ oz. 100 % Fruit Juice 4oz.	17 String cheese ½ oz. Saltine Crackers ½ oz. 100% Fruit Juice 4oz.	18 Celery sticks 4oz Soy butter ½ oz. Water.	19 Fresh Fruit Yogurt 2oz. Graham Crackers ½ oz.	20 Fig Newtons Bar ½ oz. Milk 4oz.
23 Cottage cheese 2oz. Diced peach 4oz. Water.	24 Babybel Semisoft Ch. ½ oz. Naan Bread ½ oz. Tropical fruit 4oz.	25 Fresh Fruit 4oz. Soft Bread sticks ½ oz. Water.	26 Fresh Fruit Yogurt 2oz. Vanilla wafers ½ oz.	27 Strawberry Nutri G ½ oz. Milk 4oz.
30 Goldfish Crackers ½ oz. 100 % Fruit Juice 4oz.				

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1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
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2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: program.intake@usda.gov

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