



**Renu Hope Foundation**  
**Breakfast For (1-2 years old)**  
**November 01-30, 2024**

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.  
 Dairy: Children 6-12 years of age are served 1% milk or Nonfat (skim) Milk, Dairy  
 Substitutions: Nonfat Lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and  
 Plant Based Cheese.  
 NOTE: Healthy Beverage in Child Care Act does not allow licensed childcare centers to  
 serve flavored beverages to children of any age.  
 Water is available to children throughout the day. **We are a nut free institution.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Yogurt W/granola 4 oz. Fresh Bannas 4oz. Milk 4oz.
<b>4</b> Mini Bagels ½ Serving. Appla Sauce 2 oz. Milk 4oz	<b>5</b> Engklsh muffin 1/2 Serving. Diced Peache 2oz. Milk 4oz.	<b>6</b> Corn flakes C ¾ Serving Fresh Berries 2oz. Milk 4 oz.	<b>7</b> French Toast 1/2 Serving. Mandarin Oranges 2oz. Milk 4oz.	<b>8</b> Zucchini Bread ½ Serving. Pineapple Tibbits 2oz. Milk 4oz
<b>11</b> Raisin Bread ½ Serv Fresh Bananas 2oz Milk 4oz	<b>12</b> Blueberry Muffin ½ Serving. Diced pears 2oz. Milk 4oz.	<b>13</b> Freach Toast 1/2 Serving. Tropical fruit 2 oz. Milk 4oz.	<b>14</b> Yogurt w/Granola 4oz. Fresh Oranges 2 oz. Milk 4oz.	<b>15</b> Waffles ½ Serving. Mix Fruit 2oz. Milk 4oz.
<b>18</b> Orange and Berries Bread 1/2 Serving. Fresh Apples 2oz. Milk 4oz.	<b>19</b> Cheerios ¾ oz. Tropical Fruit 2oz. Milk 4oz.	<b>20</b> French Toast 1/2 Serv. Fresh Mango 2oz. Milk 4oz.	<b>21</b> Pineapple Bread 1/2 serving. Diced Peach 2oz. Milk 4oz	<b>22</b> <b>Rice cakes</b> ½ Serving. Fresh Banans 2oz. Milk 4oz
<b>25</b> Corn Muffin 1/2 Serving. Mandarin Oranges 2oz. Milk 4oz.	<b>26</b> Banana Bread ½ Serv. Fresh Oranges 2oz Milk 4oz	<b>27</b> Pancakes ½ Serv Diced Pears 2oz Milk 4oz	<b>28</b> NO SCHOOL	<b>29</b> NO SCHOOL

In accordance with Federal Law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identify and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than Englis, Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state of local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Compliant Form which can be obtained online at: [https://www.usda.gov/sites/default/documents/ad-3027, pdf](https://www.usda.gov/sites/default/documents/ad-3027.pdf), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of all alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C 20250-9410; or
2. Fax: (833) 256-1665 or 202-690-7442; or
3. Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

**This institution is an equal opportunity provider.**



## Renu Hope Foundation Lunch For (1-2 years old) November 1-30, 2024.

Bread and Crackers: Enriched whole grain, whole wheat and gluten free products served.  
Dairy: Children 2-5 years of age are served 1% milk. Dairy Substitutions: Nonfat (skim) Milk, Nonfat lactaid free milk, Soy milk, soy yogurt and soy butter. Non-Dairy and Plant Based Cheese, Meats...

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Chicken Noodle Soup 1C Peas and Carrots 1oz Wheat pasta ½ Serv Fresh Mango 1 oz. Milk 4 oz.
<b>4</b> Beef Chili Mac 1oz. Whole Grain Pasta ½ Serving. Steamed broccoli 1 oz. Fresh Mixed Berries 1 oz. Milk 4 oz	<b>5</b> Greek Gyro Pita Pocket Greek Meat 1 oz Whole Grain Pita Pocket ½ serv Green Salad 1 oz Fresh Cantaloupe 1 oz Milk 4 oz.	<b>6</b> BBQ Chicken 1oz. W.W. Diner Rolls ½ Serv Mashed Potato 1oz Tropical fruit 1 oz Milk 4 oz	<b>7</b> Chicken / Fish Sticks 1oz. Bread ½ Serving. Cole Slaw Salad 1 oz. Fresh Orange Slices 1 oz Milk 4 oz.	<b>8</b> Mac & Cheese ¾ C. Whole Grain Pasta ½ serv California Blend Vegetales 1oz. Fresh Apple 1 oz. Milk 4oz.
<b>11</b> Chicken Alfredo 1.5oz Whole Grain Pasta ½ Serv Green Beans 2oz Fresh Diced Mango 2oz .Milk 4oz	<b>12</b> Albondigas soup 1 c Whole wheat bread ½ Serving. Mix Fresh Vegetables 1oz. Fresh Apples 1oz Milk 4 oz.	<b>13</b> Chicken Wrap 1oz Spinach Tortilla ½ ser Lettuce and Tomato 1oz Fresh Watermelon 1 oz. Milk 4 oz	<b>14</b> Turkey and Cheese Sub 1 oz. Whole Grain Sub rolls ½ Serv Lettuce-Tomato 1 oz. Tropical Fruit 1 oz. Milk 4 oz	<b>15</b> Beef Tostada 1 oz. Hard Shell Tortilla 1/2 serv. Pico de Gallo 1 oz. Fresh Orange Slices 1 oz. Milk 4oz.
<b>18</b> Ground Turkey Soup 1oz. Whole Wheat Bread ½ Serv Diced Potato 1oz Fresh Melon 1 oz. Milk 4 oz.	<b>19</b> Spaghetti and Meatballs 1oz. Whole Grain Pasta ½ serv Green Beans 1oz. Mix Berries 1 oz. Milk 4 oz	<b>20</b> Vegetarian Lasagna 2 oz. Whole Wheat pasta ½ Serving. California Blend Vegetable 1oz. Fresh Pears 1oz Milk 4 oz.	<b>21</b> Turkey & Cheese Sand 1oz. Whole Wheat Bread ½ Serv Tomato Basil Soup 1oz Diced Peaches 1 oz. Milk 4 oz.	<b>22</b> Chicken / Tuna Casserole 1 oz. Whole Grain Pasta ½ Serv Steamed Vegetables 1 oz. Fresh Pineapple 1 oz. Milk 4 oz.
<b>25</b> Cheese Quesadilla 1 oz Flour Tortilla ½ slice Refried Beans 1 oz. Fresh Orange Slices 1 oz. Milk 4 oz.	<b>26</b> Picadillo soup 1c Whole Wheat Bread 1 Serv Fresh Mix Vegetables 1 oz. Fresh Melon 1 oz. Milk 4 oz.	<b>27</b> Chicken Pot Pie 1oz Whole Grain diner Rolls ½ serv Peas & Carrots 1 oz. Fresh Apples 1 oz. Milk 4 oz.	<b>28</b>  NO SCHOOL	<b>29</b>  NO SCHOOL

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**Renu Hope Foundation  
Snack For (1-2) years old  
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b>  Corn Muffin ½ Serving. Milk 4oz.
<b>4</b>  Cottage cheese 2oz. Diced peach 4oz. Water.	<b>5</b>  Soft spread cheese ½ oz. Naan Bread ½ Serving. 100% Fruit Juice 4oz.	<b>6</b>  Carrot stick 4oz Triscuits ½ oz. Ranch dressing ½ oz.	<b>7</b>  Fruit Yogurt 2oz. Animal Crackers ½ oz. Water	<b>8</b>  Wheat Thins ½ Serving. String Cheese ½ oz Water
<b>11</b>  Graham Crackers ½ Serv String Cheese ½ oz Water	<b>12</b>  Hummus ½ oz. Pita Pocket ½ Serving. 100% Fruit Juice 4oz.	<b>13</b>  Fresh Apples 4oz Soy butter ½ oz. Water	<b>14</b>  Apple Nutri Grain Bar ½ Serving. Milk 4 oz.	<b>15</b>  Fresh Cucumbers 4 oz Oatmeal Cake ½ Serving. Water
<b>18</b>  Raisin Bread ½ Serv Milk 4oz.	<b>19</b>  String Cheese ½ oz. Naan Bread ½ Serving. Tropical fruit 4oz.	<b>20</b>  Fresh Fruit 4oz. Rice Cakes ½ Serving. Water.	<b>21</b>  Cottage Cheese 2oz. Fresh Pineapple 4oz. Water	<b>22</b>  Goldfish Crackers ½ oz. 100% Fruit Juice 4oz.
<b>25</b>  Graham Crackers ½ oz. Fruit Yogurt 4oz.	<b>26</b>  Fig Newtons ½ Serving. Diced Peaches 4 oz. Water	<b>27</b>  Carrot & Celery Sticks 4 oz. Sunflower Dip ½ oz Water	<b>28</b>  <b>NO SCHOOL</b>	<b>29</b>  <b>NO SCHOOL</b>

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